

# SPRING SESSION SCHEDULE

MARCH 27TH - JUNE 18TH	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Parent &amp; Tot (18mths - 3yrs)</b>	9:30am - 10:15am 10:15am-11:00am 11:15am - 12:00pm	9:15am - 10:00am (2) 10:00am - 10:45am	9:15am - 10:00am 10:00am - 10:45am	9:30am - 10:15am 10:15am - 11:00am 11:15am - 12:00pm	9:15am - 10:00am 10:00am - 10:45am	8:45am - 9:30am 9:45am - 10:30am 10:15am - 11:00am	
<b>New 3's (3 - 4 yrs)</b>	10:15am - 11:00am 11:15am - 12:00pm 12:00pm - 12:45pm	10:00am - 10:45am 10:45am - 11:30am (2)	9:15am - 10:00am 10:00am - 10:45am (2) 11:00am - 11:45am (2)	9:30am - 10:15am 10:15am - 11:00am	9:15am - 10:00am 11:15am - 12:00pm	9:00am - 9:45am 9:30am - 10:15am 10:30am - 11:15am	9:15am - 10:00am (2) 10:00am - 10:45am 10:45am - 11:30am
<b>Fantastic 4's (4 - 5 yrs)</b>	10:30am - 11:30am 11:45am - 12:45pm	9:30am - 10:30am (2) 10:30am - 11:30am (2) 11:45am - 12:45pm	10:45am - 11:45am 1:45pm - 2:45pm	9:30am - 10:30am 11:30am - 12:00pm	10:00am - 11:00am 11:15am - 12:15pm	8:45am - 9:45am 9:45am - 10:45am 10:00am - 11:00am (2)	10:00am - 11:00am 11:00am - 12:00pm (2)
<b>Strength &amp; Conditioning (18+ yrs)</b>	12:00pm - 12:45pm		9:15am - 10:00am				
<b>Gym Dance (4 - 5 Yrs)</b>				12:30pm - 2:00pm			
<b>Homelearners (6 - 12 yrs)</b>			1:00pm - 2:30pm (2)		2:00pm - 3:30pm		
<b>Senior's Can Move (50 + yrs)</b>		11:30am - 12:30pm 1:00pm - 2:00pm		11:30am - 12:30pm			
<b>Adaptive Program Highschool</b>			11:45am - 12:45pm				
<b>Adaptive Program Elementary</b>	1:15pm - 2:15pm Reach Program	1:00pm - 2:00pm	12:30pm - 1:15pm	1:00pm - 2:00pm			
<b>Active Start Drop In (18 mths - 6 years old)</b>			11:45am - 12:30pm				
<b>Fundamentals (5 - 6 yrs)</b>	3:30pm - 5:00pm		3:30pm - 5:00pm 3:45pm - 5:15pm 5:30pm - 7:00pm (2)				11:30am - 1:00am 1:45pm - 3:15pm
<b>Fundamentals Girls (7 - 9 yrs)</b>		4:45pm - 6:15pm	5:00pm - 6:30pm		5:30pm - 7:00pm	1:15pm 2:45pm 1:30pm - 3:00pm	1:15pm - 2:45pm
<b>Fundamentals Boys (7 - 9 yrs)</b>			3:45pm - 5:15pm 5:30pm - 7:00pm		6:30pm - 8:00pm	1:15pm - 2:45pm 2:00pm - 3:30pm	1:15pm - 2:45pm
<b>Fundamentals Girls (10 - 12 yrs)</b>		6:30pm - 8:00pm (2)					
<b>Fundamentals Boys (10 - 12 yrs)</b>			7:00pm - 8:30pm				
<b>Ninja Class (9 yrs - 12 yrs)</b>			6:30pm - 7:30pm				7:15pm - 8:15pm
<b>Ninja Xtreme (12+ yrs)</b>			7:30pm - 9:00pm				
<b>Intro to Tramp (6yrs - 9yrs)</b>					5:15pm - 6:15pm		
<b>Tramp &amp; Tumbling (9 yrs - 16 yrs)</b>			6:45pm - 8:15pm	6:30pm - 8:00pm (2)			
<b>Adult Drop In (18+ yrs)</b>		8:30pm - 10:00pm					
<b>Adult Challenge Class (18+ yrs)</b>							7:00pm - 8:30pm

\*Please note all classes and coaches are subject to change\*

**SHORT SPRING SESSION**  
 (CLASSES RUN MAY 1st - JUNE 18th)

Registration for the Short Session will start in February

MAY 1ST - JUNE 18TH	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Parent &amp; Tot (18mths - 3yrs)</b>					9:15am - 10:00am 11:00am - 11:45am		
<b>New 3's (3 - 4 yrs)</b>					10:00am-10:45am 10:15am - 11:00am 11:45am - 12:30pm		
<b>Fantastic 4's (4 - 5 yrs)</b>			3:30pm - 4:30pm (2)	3:30pm - 4:30pm (2)	9:15am - 10:15am 11:15am - 12:15pm		9:15am - 10:15am 10:15am - 11:15pm
<b>Fundamentals (5 - 6 yrs)</b>		3:30pm - 5:00pm (2)				11:30am - 1:00pm 1:15pm - 2:45pm	11:30am - 1:00pm 3:30pm - 5:00pm (2)
<b>Fundamentals Girls (7 - 9 yrs)</b>		5:00pm - 6:30pm (2)	4:30pm - 6:00pm 6:15pm - 7:45pm	4:45pm - 6:15pm (2)	3:45pm - 5:15pm	11:45am - 1:15pm	5:00pm - 6:30pm 6:45pm - 8:15pm
<b>Fundamentals Girls (10 - 12 yrs)</b>		6:45pm - 8:15pm (2)	4:30pm - 6:00pm 6:15pm - 7:45pm		5:30pm - 7:00pm	1:30pm - 3:00pm	5:00pm - 6:30pm
<b>Tramp &amp; Tumbling (9 yrs - 16 yrs)</b>							6:45pm - 8:15pm

\* Please note all classes and coaches are subject to change\*